

# Cankapopa Wi

DECEMBER 2011

**TREE POPPING MOON** VOLUME 11, ISSUE 12

## COUNCIL:

Gabe Prescott  
President

Brenda Pendleton  
Vice-President

Betty Lee  
Secretary

Earl Pendleton  
Treasurer

Denny Prescott  
Assistant  
Secretary/Treasurer



## MEDICAL CARDS

NEW MEDICAL CARDS FOR 2012 WILL BE READY FOR PICKUP  
THE LAST WEEK OF DECEMBER!

## LIFE INSURANCE

IF YOU HAVE NOT SPOKEN TO CAROL ABOUT YOUR  
LIFE INSURANCE POLICIES PLEASE STOP IN AND SEE HER!



The need is constant.  
The gratification is instant.  
Give blood.



**American  
Red Cross**



## Inside this Issue:

Health/  
Environment 2

Environment 3

Announcements 4

Rec. Calendar 5

Calendar 6

## Lower Sioux Community

Jackpot Junction~Dakota Expo Center

**Thursday, December 22, 2011**

**2:00 pm – 7:00 pm**

For apt/info call Marisa at 507-697-8626.

[redcrossblood.org](http://redcrossblood.org) | 1-800-RED CROSS

© 2010 The American National Red Cross, Mid-America #0388 Oct. 2010

# Merry Christmas!

# HEALTH DEPARTMENT

## NEW LIFE You have been given a gift from our creator....

For all young women and women who are expecting and all others!  
You are invited to a dinner at:

**Jackpot Junction**  
**Wednesday, December 14<sup>th</sup>**  
**5:00 p.m.**

Please come to listen and learn the importance of Breast feeding your babies.

A panel of elders and women who have breast feed their babies and a public health nurse will explain the nutrition aspect of nursing.

Door prizes and incentives will be given to those who participate and attend the full session.  
Any questions please call Debbie 697-6185

## OFFICE OF ENVIRONMENT

**Carbon Monoxide** is an odorless, colorless and toxic gas. Because it is impossible to see, taste or smell the toxic fumes, CO can kill you before you are aware it is in your home. At lower levels of exposure, CO causes mild effects that are often mistaken for the flu. These symptoms include headaches, dizziness, disorientation, nausea and fatigue. The effects of CO exposure can vary greatly from person to person depending on age, overall health and the concentration and length of exposure.

### **Steps to Reduce Exposure to Carbon Monoxide:**

It is most important to be sure combustion equipment is maintained and properly adjusted. Vehicular use should be carefully managed adjacent to buildings. Additional ventilation can be used as a temporary measure when high levels of CO are expected for short periods of time.

- ◆ Keep gas appliances properly adjusted.
- ◆ Consider purchasing a vented space heater when replacing an unvented one.
- ◆ Use proper fuel in kerosene space heaters.
- ◆ Install and use an exhaust fan vented to outdoors over gas stoves.
- ◆ Open flues when fireplaces are in use.
- ◆ Choose properly sized wood stoves that are certified to meet EPA emission standards. Make certain that doors on all wood stoves fit tightly.
- ◆ Have a trained professional inspect, clean, and tune-up central heating system (furnaces, flues, and chimneys) annually. Repair any leaks promptly.
- ◆ Do not idle the car inside garage.

**If you do not have a carbon monoxide detector or  
the one you have is 5 years old or older call the  
Office of Environment (507-697-8642)  
to receive 1 free per household.**

ONLY 90 Available!!



## OFFICE OF ENVIRONMENT

### Keepseagle Class Action Legal Settlement

A Settlement with the United States Department of Agriculture ("USDA") has been reached in the Keepseagle v. Vilsack class action lawsuit. The lawsuit claimed the USDA discriminated against Native Americans by denying them equal access to credit in the USDA Farm Loan Program. The lawsuit claims that the USDA denied thousands of Native American farmers and ranchers the same opportunities to get farm loans or loan servicing that were given to white farmers and ranchers. Plaintiffs also claim that the USDA did not do outreach to Native American farmers and ranchers or provide them with the technical assistance they needed to prepare applications for loans and loan servicing.

The Class includes all Native American farmers and ranchers who:

- Farmed or ranched or attempted to farm or ranch between January 1, 1981 and November 24, 1999; **and**

- Sought, or attempted to seek, a farm loan from the USDA during that period; **and**

Complained about discrimination to the USDA orally or in writing on their own or through a representative, such as a tribal government, during the same time period.

#### **Potential claimants have two possible routes to submit a claim. Most claimants will follow:**

Track A, which is a much lower burden of proof, and provides up to \$50,000 in relief, not including tax payments or USDA debt forgiveness.

Track B provides up to \$250,000 in relief, but requires much greater evidence of the claim and proof of the harm. Most Track B claimants will need to hire an attorney to represent their claim.

More information is available at [www.indianfarmclass.com](http://www.indianfarmclass.com).

The absolute filing deadline is **December 27, 2011**. If you have questions on the matter or need addition information, contact Dan Cornelius, Technical Assistance Specialist - Great Lakes Region Intertribal Agriculture Council at (608)280-1267 or [dan@indianaglink.com](mailto:dan@indianaglink.com)

### Vehicle Cost Calculator Available

The U.S. Department of Energy's Office of Energy Efficiency and Renewable Energy (EERE) launched a new *Vehicle Cost Calculator* available at the website [www.afdc.energy.gov/afdc/](http://www.afdc.energy.gov/afdc/) under the "Tools" section. The Vehicle Cost Calculator is an easy-to-use tool that allows users to compare emissions and lifetime operating costs of specific vehicle models, including conventional cars and trucks, as well as vehicles running on alternative fuels such as electricity, ethanol, natural gas, or biodiesel. Also users can make side-by-side comparisons between thousands of conventional, electric drive, and alternative fuel vehicles from model year 1996 and newer. In addition to the cost calculator, the website features more than 20 other online tools to help consumers buy efficient vehicles that are right for them.

## ANNOUNCEMENTS



Mr. and Mrs. Damian Busack would like to thank everyone who attended their wedding on September 17, 2011!



Alan Pendleton Sr.

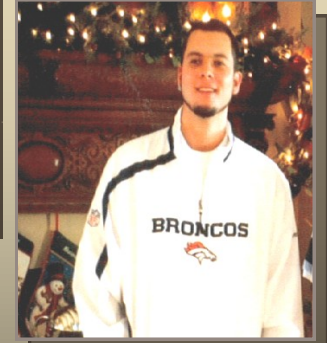
*Please Join Us:*

Saturday, December 3rd

2:00 pm—5:00 p.m.

LSIC Rec. Center

Jesse Ross Sander



### **Bishop Whipple Mission NEWS and Notes**

#### **Sunday School Christmas Program at Bishop Whipple Mission**

The Christian Education Classes (formerly known as Sunday School) will be presenting their Christmas program two (2) times during the Advent Season. The first presentation will be Sunday, December 11th at 11:00 am in the Guild Hall followed by a Potluck Dinner. The second presentation will be in the church on Saturday, December 24th as part of the 5:00 pm Christmas Eve Service.

#### **Christmas Ceremonies at Bishop Whipple Mission**

This year the ceremonies celebrating the Nativity of Jesus, Christmas, will be held at 5:00 pm and 10:30 pm on Christmas Eve, December 24. Christmas Day ceremony will be held at 10:00 am Sunday morning, December 25. Remember the Sunday School Program will be December 11th and 24th (see above).

#### **Stay Connected to Bishop Whipple Mission**

To receive text messages on your cell phone about activities at Bishop Whipple Mission: Text the word bwmission to 67553.

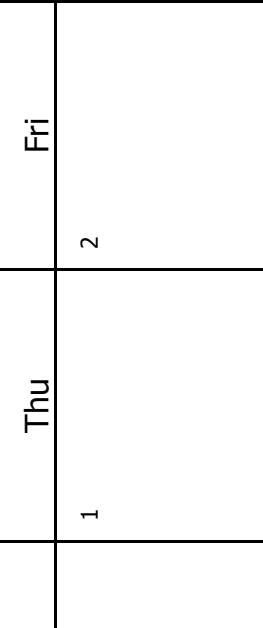
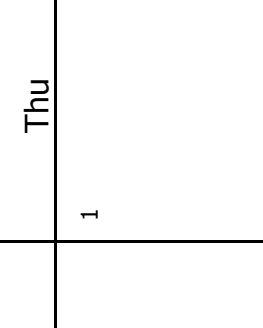
#### **Upcoming Dates and Activities at Bishop Whipple Mission Include:**

December 4 2<sup>nd</sup> Sunday of Advent Communion Ceremony 10:00 am  
 December 7 Women's Guild 5PM Potluck in the Guild Hall  
 December 11 3<sup>rd</sup> Sunday of Advent Communion Ceremony 10:00 am  
 Program & Potluck in the Hall 11:00 am  
 December 14 Bishop's Committee 7:00 pm  
 December 18 4<sup>th</sup> Sunday of Advent Communion Ceremony 10:00 am  
 December 24 Christmas Eve Ceremonies at 5:00 pm and 10:30 pm  
 December 25 Christmas Day: The Nativity of Christ Communion Ceremony 10:00 am  
 January 1 Holy Name (1<sup>st</sup> Sunday of Christmas) Communion Ceremony 10:00 am

# DECEMBER REC. CENTER CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 ZUMBA 5:30-6:30 DODGEBALL 6P-8P	2 COOKING CLASS 4P- 6P	3 VOLLEYBALL 5P-7P
4	5 TUTOR 4P-6P MEN'S NIGHT 7P-9P	6 TUTOR 4P-6P	7 COOKING CLASS 4P- 6P	8 ZUMBA 5:30-6:30 DODGEBALL 6P-8P	9 COOKING CLASS 4P- 6P	10 VOLLEYBALL 5P-7P
11	12 TUTOR 4P-6P MEN'S NIGHT 7P-9P	13 TUTOR 4P-6P	14 COOKING CLASS 4P- 6P	15 ZUMBA 5:30-6:30 DODGEBALL 6P-8P	16 COOKING CLASS 4P- 6P	17 VOLLEYBALL 5P-7P
18	19 TUTOR 4P-6P MEN'S NIGHT 7P-9P	20 TUTOR 4P-6P	21 COOKING CLASS 4P- 6P	22 ZUMBA 5:30-6:30 DODGEBALL 6P-8P	23 CLOSED	24 CLOSED
25 CLOSED Merry Christmas!	26 CLOSED	27 TUTOR 4P-6P	28 COOKING CLASS 4P- 6P	29 ZUMBA 5:30-6:30 DODGEBALL 6P-8P	30 CLOSED	31 CLOSED

# December 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>Energy Assistance is rapidly being exhausted. Please turn in your application as soon as possible!</p>				1	2	3
4	5	6	7	8	9	10
 <p>Outpatient 1-3</p>	<p>6 Pre-School 10-12 Pre-School 1-3 GED 1:30-3:30 Adult Cont Care 2-4 Dakota Lang 4:30 GA 7</p>	<p>Elders Mtg. 11 Outpatient 1-3 <b>Food Shelf 1-4</b></p>	<p>8 Pre-School 10-12 Pre-School 1-3 AA 12 Outpatient 1-3 GED 1:30-3:30 Dakota Lang 4:30 Zumba 5:30</p>	<p>12 PM : <b>Wreath Laying Ceremony Veterans Memorial—In front of Church</b></p>		
11	12	13	14	15	16	17
<p>Outpatient 1-3</p>	<p>13 Pre-School 10-12 Pre-School 1-3 GED 1:30-3:30 Adult Cont Care 2-4 Dakota Lang 4:30 GA 7</p>	<p>Elders Mtg. 11 Outpatient 1-3 <b>EDUCATION MTG 4:30</b></p>	<p>15 Pre-School 10-12 Pre-School 1-3 AA 12 Outpatient 1-3 GED 1:30-3:30 Dakota Lang 4:30 Zumba 5:30</p>			
18	19	20	21	22	23	24
<p>Outpatient 1-3</p>	<p>20 Pre-School 10-12 Pre-School 1-3 GED 1:30-3:30 Adult Cont Care 2-4 Dakota Lang 4:30 GA 7</p>	<p>Elders Mtg. 11 Outpatient 1-3 <b>Food Shelf 1-4</b></p>	<p>22 Pre-School 10-12 Pre-School 1-3 AA 12 Outpatient 1-3 <b>Blood Drive 1-7</b> GED 1:30-3:30 Dakota Lang 4:30 Zumba 5:30</p>	<p><b>CLOSED</b></p>	<p><b>CLOSED</b></p>	
25	26	27	28	29	30	31
<p><b>MERRY CHRISTMAS</b></p>	<p><b>CLOSED</b></p>	<p>27 Pre-School 10-12 Pre-School 1-3 GED 1:30-3:30 Adult Cont Care 2-4 Dakota Lang 4:30 GA 7</p>	<p>Elders Mtg. 11 Diabetes Bingo 1:00 Outpatient 1-3</p>	<p>29 Pre-School 10-12 Pre-School 1-3 AA 12 Outpatient 1-3 GED 1:30-3:30 Dakota Lang 4:30</p>	<p><b>CLOSED AT 12:00 PM</b></p>	<p><b>HAVE A HAPPY &amp; SAFE NEW YEAR!! 2012</b></p>